

# Patient Information Sheet

## **Endoscopic Carpal Tunnel Release**

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***Sach Day Surgery***

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## **ENDOSCOPIC CARPAL TUNNEL RELEASE**

- Elevate hand
- Discharge with sling
- Bandage/dressings may be removed 2-3 days post-operatively.  
The hand and suture line may be washed normally. Mobilisation of the hand encouraged.
- Appointment at rooms 1 week post-operatively.