

Post-Operative Instructions

FACIAL & SKIN WOUNDS

Common sense restriction of physical activity in the early post-operative phase is necessary to avoid potential bleeding or wound disruption.

Excessive bleeding, swelling or pain should be reported.

You may experience minor bleeding and wound seeping. This is normal. If bleeding persists, firm pressure for 5-10 minutes should stop it.

Keep suture lines clean by wiping away any seepage or congealed blood with gauze or similar. Most wounds can be safely washed with normal soap and water, or mild antiseptic if preferred.

Avoid wearing make-up close to the suture line.

Do not shave over your sutures.

Wound Dressings

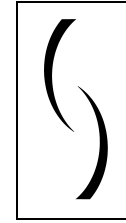
Hypafix or similar tape may be used to prevent sutures from rubbing on clothing, and to support the wound. This can be safely washed and will quickly dry.

Loose gauze dressings (if needed for seeping wounds) may be changed as necessary.

If an antibiotic or similar ointment for facial wounds is to be used, apply 3 or 4 times a day. This helps keep suture lines greasy, avoiding scabs and crusts and also helps reduce any wound inflammation. Make sure old ointment is completely wiped off before re-application.

***If you have any concerns please contact
your Surgeon on 8223 7870***

***after-hours on 1300 308 153
(Private Plastic Surgery Service)***



SACH DAY SURGERY

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Instructions

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