

Our commitment is to achieve excellence within the guidelines recommended by AS/NZS ISO 9001:2008 incorporating the Core Standards for Safety & Quality in Healthcare and to make your stay as pleasant as possible with our highly trained, friendly and caring staff. This brochure has been prepared to assist patients who are about to be admitted to our facility.



Sach
DAY SURGERY



Sach
DAY SURGERY

Amenities

Lockers are provided for securing personal belongings if required.
Light refreshment is available to patients post-operatively in our Recovery Suite.

Personal belongings/clothing

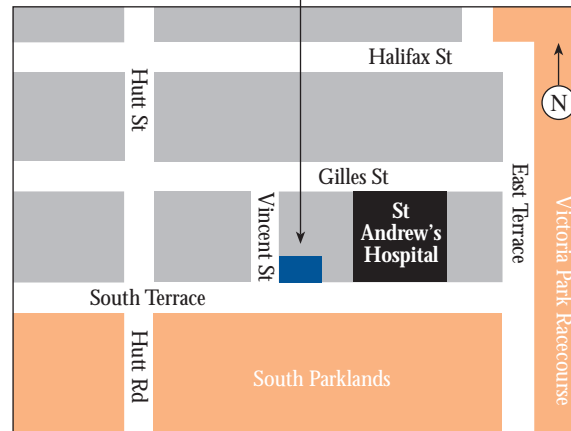
Do not wear jewellery or bring valuables with you. Bring a case for contact lenses or glasses, and wear comfortable, loose fitting clothing. Do not wear high heels.
For facial surgery do not wear make-up.
For hand surgery please remove nail polish and rings.

Medications

- Unless otherwise directed, take your routine medications on the morning of surgery.
- **Do not** take any **Aspirin** or drugs containing **Aspirin** for at least **one week** prior to your surgery.
- **Do not** take blood thinning medications for at least **one week** prior to surgery.
- Do bring a list of all medications currently being taken.

X-Rays

Please bring your X-rays if current and relevant.



Sach Day Surgery
341 South Terrace
Adelaide, South Australia 5000
Telephone 08) 8223 7870
Facsimile 08) 8232 6070
www.sachsurgery.com.au

*Welcome to Sach Day Surgery,
a facility providing high quality
surgery and pre and post-operative
care offered as an alternative
to hospitalisation.*



Welcome to Sach Day Surgery, a facility providing high quality surgery and pre and post-operative care offered as an alternative to hospitalisation.

Admission forms

To assist with your admission please complete the relevant questions on the patient questionnaire and return them to Sach Day Surgery as soon as possible before the day of your surgery.

Accounts

- The fees charged in Sach Day Surgery are less than at metropolitan hospitals.
- Please check your policy with your Health Fund prior to admission.
- Patients who have an excess on their policy are required to pay this on admission.
- Uninsured patients or those with basic insurance are required to settle their account on admission.
- Eftpos facilities are available including Visa and Mastercard.
- You will receive an account from the Surgeon and the Anaesthetist. There may be accounts rendered for pathology services. These accounts should be first submitted to Medicare and then to your Health Insurance Fund.

Should you wish to comment on your care during your stay in Sach Day Surgery please feel free to contact us either personally or in writing.

We offer two types of anaesthesia:

- 1) Local anaesthetic administered by your Surgeon.**
- 2) Intravenous and/or regional anaesthesia requiring the services of an Anaesthetist.**

1 Local anaesthetic only

(Anaesthetic administered by your Surgeon)

Please note that you do not need to fast.

You may take your normal prescription medications and you will be able to drive unless otherwise instructed by your Surgeon.

Aspirin or other blood thinning medications must be ceased one week prior to surgery.

2 Intravenous and/or regional anaesthetic

(Anaesthetic administered by an Anaesthetist)

It is essential not to eat or drink at least four hours before your operation.

Please fast as instructed by your Surgeon.

A letter will be forwarded to you a few days before the day of the operation stating the time you are to arrive. Your operation should begin half an hour after this time. Sometimes this may vary due to the unpredictable nature of surgery and emergency patients.

On the day of your surgery the Anaesthetist will examine you before the operation and discuss the proposed anaesthetic with you. Usually this will involve heavy sedation (Neurolept anaesthetic) and local anaesthetic blocks or injections.

You will be ready to go home 2-3 hours after your arrival time. You must be accompanied by an adult (over 18 years of age) from the Day Surgery to your home, who should remain with you for the next 24 hours. If your escort prefers not to stay we will contact them about half an hour before you are ready to go. It is preferable that you stay within a one hour journey of the Day Surgery unless otherwise arranged.

Failure to follow the instructions will unfortunately result in cancellation of the planned surgery.

Your Surgeon will see you after surgery. You will be given clear instructions including a telephone number for emergencies and a prescription for medications for the control of any discomfort at home. As there is no pharmacy on site you will need to have this filled by your local chemist. The Recovery Sister will contact you during the course of the evening to confirm that all is well. Sickness certificates are issued on discharge if required. You **must not drive** for at least 24 hours following surgery where you have had anaesthetic administered by an Anaesthetist, or make any personal or financial decisions.

Please do not hesitate to telephone our staff if you have any questions about your stay. Staff are available in the Day Surgery between 9am and 5pm Monday to Friday.

Smoking

Do not smoke on the day of your surgery. Smoking is not permitted anywhere in the facility.

Car Parking

Parking is usually available adjacent to the Surgery on South Terrace. Rear access is available for pick-up.